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**Alta Healthcare District Contributes \$73,992 to
Combat Food Insecurity Among Older Adults in Alta District**

[Tulare County, CA] - Community Services Employment Training (CSET) is honored to receive a grant from Alta Healthcare District totalling \$73,992 to support its Senior Services and Meals on Wheels programs. Funds will be used for the purchase of meals provided to eligible seniors aged 60 and older residing in the Alta Healthcare District, including the communities of London, Monson, Sultana, Orosi, Cutler, Yettem, and Dinuba.

“We are extremely grateful for the generous support and continued partnership of the Alta Healthcare District,” said Jerel Dutton, Assistant Director of Senior Services at CSET. “Together we help keep local seniors from experiencing food insecurity while connecting them to essential resources that support their quality of life.”

CSET is proud to operate eight Senior Centers in Tulare County, including the Cutler Senior Center at 12691 Ave 408. In 2020, seniors enrolled in CSET’s Meals on Wheels program in the Alta District increased from 26 to 137. It is anticipated that Cutler Senior Center attendance will gradually reach an average of 400 hot meals per month in 2023, including an additional 600 frozen meals delivered to seniors in the Alta District. Hot lunches are provided to local seniors at the Cutler Senior Center on Mondays, Wednesdays, Thursdays and Fridays at 11:30 AM. In addition to nutritious meals, seniors are provided with supplemental food, social contact, monitoring of well-being by trained CSET staff, and more.

To learn more about the enrollment process for the Meals on Wheels program and CSET Senior Services, call 1-800-321-2462 or visit www.cset.org/senior-services.

Community Services Employment Training (CSET) inspires youth, families and communities to achieve self-reliance through innovative pathways and collaboration. Formed in 1976, CSET has been the Community Action Agency for Tulare County since 1984. To learn more about CSET’s services and impact in Tulare County, please visit www.cset.org or call (559) 732-4194.

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